

# Sustainability, Nutrition and Culinary Studies

## International Summer School

Have you ever wondered how to combine a sustainable lifestyle with healthy diets and food culture? Then team up with students and researchers from all over the world and discuss sustainable and healthy diets that are also tasty.

[www.fh-muenster.de/summerschools](http://www.fh-muenster.de/summerschools)



## Program

The summer school is based mainly on the recently launched report of the EAT-Lancet Commission and your active participation. You will develop ways to combine a sustainable lifestyle with healthy diets and food culture through:

- Transforming your own eating habits
- Finding actions to support and speed up food system transformation
- Developing concepts for food waste reduction
- Preparing and tasting sustainable meals

Besides getting to know interesting speakers and participating in exciting workshops, you can expect common cooking events, a visit to our urban gardening project and more.

## Fees

125 € for students from our partner universities  
250 € for students from other universities

The fee covers course fee, meals during lectures, cooking events in the evening and a ticket for public transportation system. It does not cover costs for travel, accommodation and insurance.

## Participation

Undergraduate students in their last academic year, master students and/or professionals who are interested in the field of nutrition, food technology, food chemical and sensory science.

Since all courses are taught in English, a level of B2 is required. No previous knowledge of German is necessary.

Participants of the summer school receive a certificate and 3 ECTS. Recognition must be clarified with the home university.

## Further Information & Registration

For a detailed program, your registration and further information, please visit our website [www.fh-muenster.de/summerschools](http://www.fh-muenster.de/summerschools).

If you have any questions you might also contact us by email:

**Prof. Dr. oec.troph. Guido Ritter**  
Department of Food • Nutrition • Facility  
FH Münster – University of Applied Sciences  
[ritter@fh-muenster.de](mailto:ritter@fh-muenster.de)

**Jana Hoffmann**  
International Office  
FH Münster – University of Applied Sciences  
[summerschools@fh-muenster.de](mailto:summerschools@fh-muenster.de)

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