

WPE30 Infant and Young Child Feeding (IYCF)		
Exam: Infant and Young Child Feeding (IYCF)	LV.-Nr.:	ECTS-Points: 5 CP
Recommended semester: From 4th semester on	Module: [WPF]	Language: English
Responsible lecturer : Dr. Jan Makurat	Cycle: Winter term	Registration information: Up to 20 participants
Lecturer: Eleonore Kretz		
Learning outcomes	Students are able to <ul style="list-style-type: none"> • Understand and distinguish infant and young child feeding practices and related problems in an international context • Evaluate and improve compositions of international complementary foods • Distinguish forms of child malnutrition and identify appropriate short- and long-term approaches to nutrition security 	
Form of exam	Project presentation (50 % of final grade) + exam 60 min (50 % of final grade)	
Form of teaching	<ul style="list-style-type: none"> • Seminar teaching 	
Teaching content	<ul style="list-style-type: none"> • Physiology of breastfeeding / WHO recommendations on breastfeeding / international regulations on marketing of breastmilk substitutes • WHO recommendations on complementary feeding / Responsive feeding / Hygiene and health • Malnutrition in children / Child growth standards • Surveys on IYCF/ Indicators • Nutrition education / Behaviour change communication • Gender aspects in child care and child feeding • IYCF in emergencies 	
Workload	Presence (3 SWS): Preparation and follow-up: Sum:	45 h 105 h 150 h
Preconditions regarding content	Interest in international development cooperation.	
Formal preconditions	None	
Recommended reading	Guiding principles for complementary feeding of the breastfed child. Pan American Health Organization, Washington DC, 2003	