

Module: G3 Psychology and Applied Social Sciences		
Exam: G3 Psychology and Applied Social Sciences	LV.-No.:	ECTS-Points: 5 CP
Recommended Semester: 1st Semester	Module: Mandatory	Language: German
Responsible lecturer: Prof. Dr. Michael Krämer	Cycle: Winter Term	Registration information: LSF
Lecturer in charge: Prof. Dr. Michael Krämer, Prof. Dr. Pirjo Susanne Schack		
Learning outcomes	<p>Students are able</p> <ul style="list-style-type: none"> • to distinguish influencing factors on human cognition and behaviour as well as to differentiate everyday psychological knowledge and scientifically proven facts • to analyse and evaluate daily sustenance and nutritional behaviour from a social and domestically perspective • to develop concepts and proposed solutions for domestic issues • to analyse the interaction between the private households and the society and therefore explain the importance of economical acting for the individual, the society and a sustainable development. On this basis, they can develop concepts and action strategies. 	
Form of exam	Written exam	
Form of teaching	<ul style="list-style-type: none"> • Lecture • Training • Tutorial 	
Course contents	<p>Psychology:</p> <ul style="list-style-type: none"> • Psychological basics of cognition and behaviour • Basic model of human behaviour • Human development from childhood to old age • Functionality of perception, thinking, learning and motivation • Fundamentals of social, personality and organizational psychology <p>Applied social sciences:</p> <ul style="list-style-type: none"> • Social and domestic basics • Way of life at household level and its importance for the social welfare production • Nutritional behaviour and social contextualization of nutrition • Lifestyles and social inequality • Sustainable lifestyles 	

Workload	Presence (4 SWS): Preparation and Follow-up: Sum:	60 h 90 h 150 h
Requirements	None	
Literature	<p>Nolting.-P. & Paulus, P. (2016). Psychologie lernen (14.Aufl.). Weinheim: Beltz.</p> <p>Barlösius, E. (2011): Soziologie des Essens, Eine sozial- und kulturwissenschaftliche Einführung in die Ernährungsforschung (2. Aufl.), Weinheim: Juventa.</p> <p>Methfessel, B.; Schlegel-Matthies, K. (Hrsg.) (2003): Fokus Haushalt: Beiträge zur Sozioökonomie des Haushalts, Baltmannsweiler: Schneider.</p> <p>Brunner, K. M. et al. (Hrsg.) (2007): Ernährungsalltag im Wandel. Chancen für Nachhaltigkeit. Wien: Springer.</p>	