

<b>Module: SE10 Aspects of Holistic Counselling</b>		
<b>Exam:</b> SE10 Aspects of Holistic Counselling	<b>LV.-No.:</b>	<b>ECTS-Points:</b> 5 CP
<b>Recommended Semester:</b> 4th Semester	<b>Module:</b> Compulsory subject/ elective subject	<b>Language:</b> German
<b>Responsible lecturer:</b> Prof. Dr. Michael Krämer	<b>Cycle:</b> Summer Term	<b>Registration information:</b>
<b>Lecturer in charge:</b> Prof. Dr. Michael Krämer/Prof. Dr. Heike Englert		
<b>Learning outcomes</b>	Students are able <ul style="list-style-type: none"> <li>• to diagnose nutritional disorders and eating disorders</li> <li>• to identify success factors in the counselling process</li> <li>• to differentiate and apply counselling techniques</li> <li>• to develop counselling concepts and implement them on selected case studies</li> </ul>	
<b>Form of exam</b>	Module exam: written exam (120 min), presentation	
<b>Form of teaching</b>	<ul style="list-style-type: none"> <li>• Seminaric Lecture</li> <li>• Practical Training</li> </ul>	
<b>Course contents</b>	<ul style="list-style-type: none"> <li>• Basics of verbal and nonverbal communication and interaction in the counselling context</li> <li>• Nutritional Psychology</li> <li>• Selected diet-related diseases and eating disorders</li> <li>• Training sessions on selected counselling case studies</li> </ul>	
<b>Workload</b>	Presence (2 SWS): Preparation and Follow-up: Sum:	60 h 90 h 150 h
<b>Requirements</b>	None	
<b>Literature</b>	Bachmair, S., Faber, J., Hennig, C., Kolb, R., Willig, W., (2014), Beraten will gelernt sein, Beltz, Weinheim, (11. Aufl.) Bamberger, G., (2015), Lösungsorientierte Beratung, PVU, Weinheim, (5. Aufl.) Klotter, Chr., (2017), Einführung Ernährungspsychologie München: utb. (3.Aufl.) Krämer, M., (2005), Professionelle Beratung zur Alltagsbewältigung, Vandenhoeck & Ruprecht, Göttingen	