

Module: SE13 Nutrition in Diseases 2		
Exam: SE13 Nutrition in Diseases 2	LV.-No.:	ECTS-Points: 5 CP
Recommended Semester: 5th Semester	Module: Mandatory	Language: German
Responsible lecturer: Prof. Dr. Ursel Wahrburg	Cycle: Winter Term	Registration information:
Lecturer in charge: Prof. Dr. Ursel Wahrburg; Melanie Schuhmacher, MSc.; Prof. Dr. Heike Englert		
Learning outcomes	Students are able <ul style="list-style-type: none"> to critically evaluate current reducing diets using self-derived assessment criteria to formulate practical and patient-friendly recommendations for nutritional prevention and treatment of nutrition-related lifestyle diseases, in particular cardiovascular diseases and type 2 diabetes to develop menus according to the therapy requirements and calculate their nutritional value. 	
Form of exam	Transcript of records: achieved through lessons in the practical training	
Form of teaching	<ul style="list-style-type: none"> Seminaric Lecture Practical Training 	
Course contents	<ul style="list-style-type: none"> Weight reduction diets Dietary and nutrient calculation based on patient-related case studies Implementation of the calculated therapeutic diets into the practice 	
Workload	Presence (3 SWS): Preparation and Follow-up: Sum:	45 h 105 h 150 h
Requirements	SE1 und SE7 Nutrition of healthy humans 1 und 2 SE2 Biochemistry SE8 Nutrition in diseases 1	
Literature	<ul style="list-style-type: none"> Lecture Notes Current guidelines of the relevant professional societies 	